

Mission

To Enhance the quality of life for persons with developmental disabilities through community participation and the promotion of independence.

Vision

To support individuals in a community where everyone is valued as being equal and treated with dignity and respect.

Message from our Executive Director:

COPE turns 50 this year!!

It is amazing to look back to see how it started, to see who and why they started it.....

Madoc COPE began because a group of concerned citizens saw a need, and chose to take action. People that did not just talk, people that did not point the finger, place blame or see themselves as different; they felt they could help, so they did.

It was people that thought “wait, why is it like this, and would it not be better if.....”

We need more people in our world that think like this, that take action, that do not judge, but try to offer help, solutions and understand that we all deserve the same rights.

As I reflect on COPE’s 50 years, I am very thankful those people in 1975 did what they did, I am sure none of them could have imagined the organization that stands today on the shoulders of their first action.

Although Madoc COPE has grown, has a different funding model and is very different than its original grass roots from 50 years ago, but the key piece that remains the same is **“seeing a need and taking action”**

If you get the opportunity, I suggest you do the same, you never know what it may become.

Sincerely, Christine Spencer , Executive Director



Celebrating 50 years!

This year we are celebrating 50 years of Community Living Madoc COPE !

50 years ago a group of concerned citizens made up of parents and community members got together knowing our community was in need of support and made it happen.

We want to hear these stories and see these photos!

For our 50th year, we are gathering stories and photos to create an archive and share how we have grown into the organization we are today.

If you have something to share please send it to s.flieler@madoccope.ca

or pm our Facebook page!



Stella, Clint Davidson and Denny. This newly fired dish is one of their first attempts at making a dish in their new ceramics program.





Congratulations Mr. Madoc!

John Ellis has received the King Charles III Coronation Medal for his contribution to the community.

Many people in Madoc know John and that is due to his involvement within the community.

John is the true definition of volunteer and will always find a way to help someone out.

Thank you John for all you do for our community!





History

At the beginning of the year a group got to walk back in time around the Glanmore House Located in Belleville.



Special Olympics

AJ bowled in the 5 pin tournament Feb 23rd 2025 in Division 57 and scored 111 above his average!
Congratulations AJ!



Donations Made

Along with many boxes of food for Madoc Helping Hands Food Bank, we were able to give Central Hastings Support Network \$125 from our Chuck a puck and \$205 from our 50/50! Thank you everyone who made this possible!

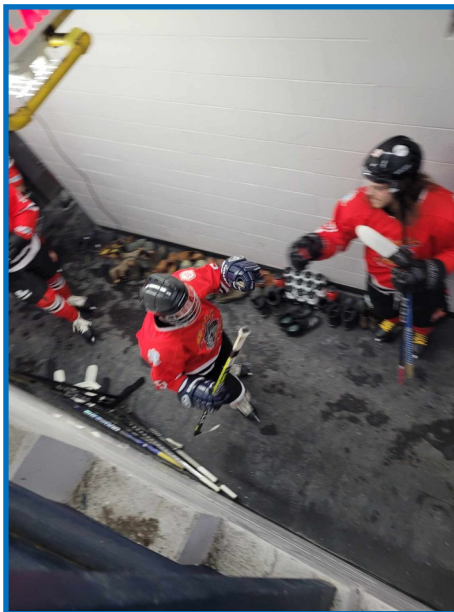
CL Day at Madoc Wildcats

Thank you again to the Madoc Wildcats for partnering with us for a great event. Thank you to Trent Hills Stallions for a great game.

Thank you to everyone who donated food to the food bank and/or money to the Central Hastings Support Network through our draws, Congratulations to all that won!

Thank you to everyone who helped organize the night and participated on and off the ice.

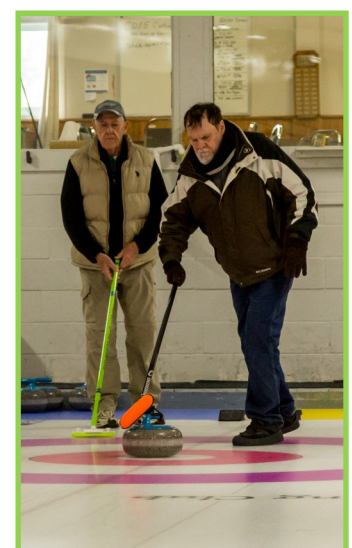
Everyone had such a great time and we are so thankful for this opportunity!



Curling

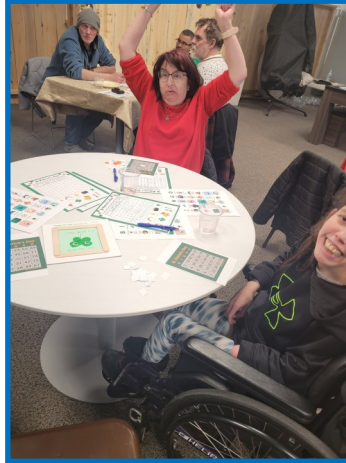
Thank you to the Marmora & Area Curling Club for another great season.

Everyone had such a great time curling as we always do. We are so appreciative of the volunteers that come out year after year to teach and spend time with us on the ice. We thank you all!



St. Patrick's Day Pot Luck

A group attended North Hastings Community Integration Association for a St. Patrick's Day Pot Luck with their friends! Everyone enjoyed great food while making crafts and playing games together. It was a fun filled day!



Walking Club

With the warmer weather, our walking club has begun again!

Pancake Tuesday

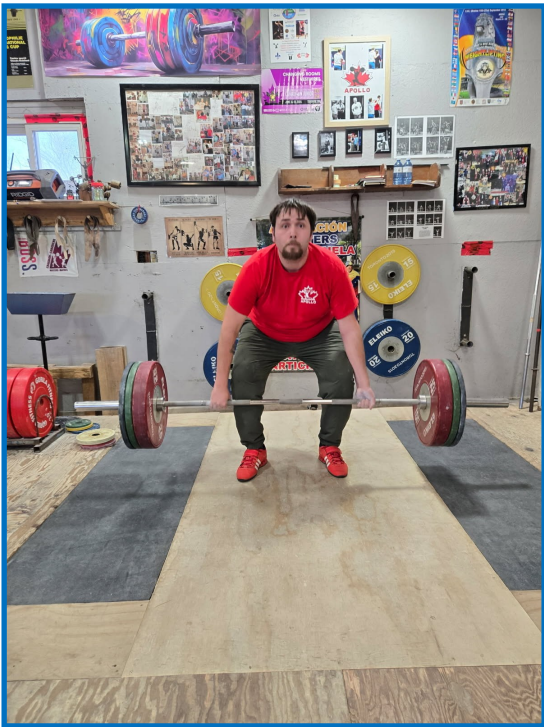
Pancake Tuesday was celebrated with over 80 pancakes made and enjoyed in our building!



Cedar Ridge Fun

Every other week a group attends Cedar Ridge Camp up north with their friends from North Hastings Community Integration Association. They do many different activities from indoor games, horse back riding, snow shoeing, ice fishing, archery, climbing and so much more!





Powerlifting

Logan trains weekly at a local gym that his family all attends. He is deadlifting 110 kilos which is 242 lbs!

He even got his friend Dawson to join!

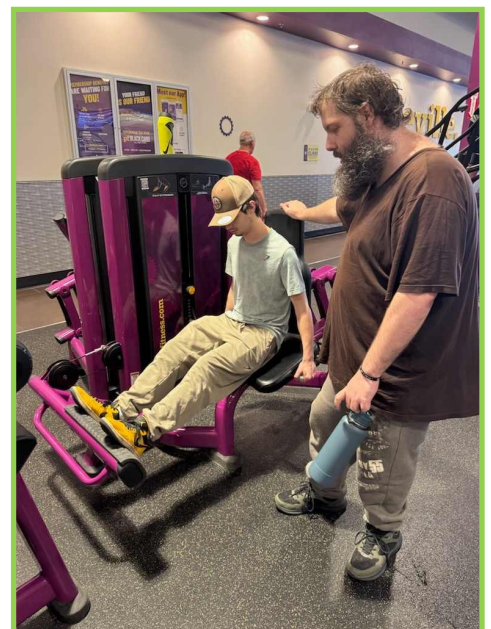
He is working on deadlifting 105 kilos!

Way to go guys!



Gym Day

As all things we do here at Madoc COPE our Passport Program is ran by the people we support and the ideas they have. Jaden came to us asking to get a group of gym together to attend the gym on a regular bases and here they are. Every other week this group attends Planet Fitness together motivating each other to be active and healthy!



RespiteNow

A new app has come to our area!

Download today as someone looking for respite or a worker providing it.

Questions? Contact our Community Connector Stephanie Flieler at 613-473-4158 ex 23



Respite Now

Meaningful. Flexible. Reliable.

**SUPPORTING OUR
COMMUNITIES
WITH ALL
RESPITE NEEDS**

HOW IT WORKS

Both caregivers and respite workers can use the app.

The app matches people's support needs and preferences with appropriate respite workers based on their skills, credentials, experiences, and availability.

Caregivers and people supported review matches, choose the respite worker they wish to hire, and pay the worker directly.

WHAT IS RESPITE NOW?

Respite Now is a free user-access app that matches people looking for respite services with local respite workers.

Access the desktop app online at www.respite-now.com or download the app to your mobile device.



www.respite-now.com



THE BENEFITS

- ✓ It's **MEANINGFUL**
Provides opportunities for learning and socializing while providing respite for caregivers
- ✓ It's **FLEXIBLE**
Services are individualized, inclusive, and diverse
- ✓ It's **RELIABLE**
Services are responsive, credentials are verified, and information is kept confidential

CDC Good Food Box

Madoc C.O.P.E is the pick up depo for the Good Food Box offered by the Community Development Council of Quinte. Each month they provide vegetables and fruit at low cost; \$10 for a large bag of vegetables and \$5 for a small bag of fruit. The type of vegetables and fruit depends on the season. If you would like to sign up to receive the GFB please contact Erin at 613-473-4158 ex 24. Payment is due before the first Tuesday of the month and pick up is the second Tuesday of the month between 1pm-3pm at Madoc C.O.P.E.



Please Note:

Madoc C.O.P.E will be closed:

Monday May 19th 2025 for Victoria Day

Monday June 30th 2025 for Canada Day

Monday July 28th—Monday August 11th (Returning August 12th) for Summer Shut Down

Who We Are

We are a Developmental Services Agency that provides Services and Supports to adults with developmental disabilities living within Central Hastings (Madoc, Marmora, Tweed & surrounding areas) Madoc C.O.P.E. has been in operation since 1975, it began with a grant to provide services to those who were unable to find employment. Although the agency has offered different programs and services over the years, the one thing that has been consistent is providing programs to people within their community to enhance the quality of their life.

Visit our website <http://www.madoccope.ca/> or

Check out our Facebook page

<https://www.facebook.com/Madoccope/>

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